



## Meeting Icebreakers

Icebreakers are a great way to build culture and relationships among your group or team. Consider using one of the following prompts at the beginning of your next meeting. Have a good one to add? Let us know at [info@threadstl.org](mailto:info@threadstl.org).

- *What is one crazy thing you thought was true when you were little?*
- *What did you want to be when you grew up?*
- *If you were on Letterman what would your stupid human trick be?*
- *Who is your favorite person from history?*
- *What's the strangest thing you've ever eaten?*
- *If you could only eat one type of food for the rest of your life, what would it be?*
- *Pretend it's the morning after a CRAZY AMAZING night. What would you have been doing the night before?*
- *What is one story your parents or grandparents always like to retell about you?*
- *What are the top 3 things have on your bucket list for (your city/town)?*
- *What's your most clumsy moment?*
- *When have you most felt like a ninja?*
- *Seasonal questions: Favorite summer food, drink, activity. Favorite holiday activity, etc*
- *If you could have a meal with any celebrity, with who and where?*
- *If you could only eat one meal for the rest of your life, which meal would it be-breakfast, lunch or dinner?*
- *Would you rather live in the same place for the rest of your life or move every year?*
- *What was your favorite vacation and why?*
- *If you had to choose an actor/actress to act out your life, who would you choose?*
- *When something really \*really\* good happens, what is your celebration food?*
- *What book has most changed the way you think/act/etc.?*

- *If you could spend a day with any historical figure who would that be?*
- *If got to be on any TV show for one episode, what show would you join?*
- *What was your single most awkward physical feature in your adolescence?*
- *Favorite Disney character and why?*
- *Musical guilty pleasure*
- *What award have you won that you're most proud of*
- *Complete the sentence: "As a child, I got into big trouble with my parents when I ..."*
- *What was the first CD you ever purchased?*
- *What was your favorite childhood television show/ toy?*
- *What is your favorite place?*
- *If you could choose anyone, who would you pick as your mentor? Why?*
- *When you are not at work, what do you do?*
- *What story does your family/ friends always tell about you?*
- *Where do you like to go on vacation?*
- *If you could be in one place right now doing one thing, other than where you are doing what you are right now, where would you be and what would you be doing?*